



THE CENTER FOR
Women's Leadership
MOUNT MARY UNIVERSITY

EXPLORE THE POSSIBILITIES!

JUNE 22-26, 2025

2025 Summer **LEADERSHIP ACADEMY**

- Up to 70 young women from across the U.S.
- College-prep, career exploration, and leadership development program.
- New applicants - freshmen, sophomores, or juniors in high school
- Participants will earn **2 college credits**



Summer Leadership Academy – Morning Sessions

The academy's format offers many of the most popular leadership sessions from past academies.

MORNINGS: Leadership Development and College Readiness Sessions

- Confidence
- Importance of Sisterhood
- Finding the Right Fit in a College
- Racial Dynamics as a Leader
- Finding Your Authentic Self
- Negotiating
- Personal Finance



Summer Leadership Academy – Afternoon Sessions

Spend the week learning about the programs and pathways available within your chosen area of study through **tons of hands-on activities!**

AFTERNOONS: Career Exploration Pathways Sessions

- Arts & Design
- Business, Communication & Tech
- Health Sciences
- STEM

Each applicant selects their pathway preferences on the acceptance form. Space is limited.



Arts & Design Pathway

(17 student maximum)

If you select the Arts & Design Pathway, you will participate in a variety of hands-on experiences and be introduced to concepts in the following areas:

- Art Therapy
- Fashion Design
- Interior and Architectural Design
- Merchandise Management
- Studio Art



Business, Communications & Tech Pathway

(17 student maximum)

If you select the Business, Communication & Tech Pathway, you will participate in a variety of hands-on experiences and be introduced to concepts in the following areas:

- Creative Writing
- Digital Literacy
- Entrepreneurship
- International Business
- Business Communication



Health Sciences

(17 student maximum)

If you select the Health Sciences Pathway, you will participate in a variety of hands-on experiences and be introduced to concepts in the following areas:

- Dietetics
- Exercise Science
- Food Science
- Nursing
- Occupational Therapy (OT)
- Wellness/Nutrition



STEM Pathway

(17 student maximum)

If you select the STEM Pathway, you will participate in a variety of hands-on experiences and be introduced to concepts in the following areas:

- Biology
- Chemistry
- Engineering
- Environmental Science
- Psychological Science



Evening Sessions -

- After a full day of hands-on skills building and exploring career pathways, the evenings will be spent more casually with structured exercise and personal development activities.



- **EVENINGS: Personal Development**
 - Yoga
 - Self-Defense
 - Dance Fitness
 - Networking at the Young Professional Dinner

Other Activities Include:

- Daily Small Group Meetings
 - Led by Peer Mentors, young women who have previously participated in the academy, and their Adult Mentor partners
 - Daily Reflections
- Karaoke
- Bingo
- Games



Application Information

Early Bird Savings:

- Apply on or before February 15 and save **\$50** off the cost of tuition.

Application Tips:

- Review application form first.
- Gather necessary documents:
 - Essays
 - Resume
 - Reference & letter of recommendation
- Then complete & submit application.



Frequently Asked Questions

- What is the cost?
\$825 (Actual value of the program is \$1100/participant.)
- What's included?
Two college credits (average cost nationally is \$1,049 per credit), your stay in the residence hall, all meals and snacks, materials, program and activity fees.
- Are scholarships available?
Yes, a limited number of full and half scholarships are available for eligible students. Payment plans are also available. Contact Center for Women's Leadership with questions.

Applications available at
www.mtmary.edu/sla

Deadline to apply is March 15, 2025.

Notification of acceptance will occur by April 1, 2025.

THANK YOU TO OUR SPONSORS



WOMEN'S FUND
OF GREATER MILWAUKEE



School Sisters of Notre Dame
Central Pacific Province

Virginia Cornyn '62

Nancy Cheski '65

Questions?

Go to Frequently Asked Questions at
www.mtmary.edu/sla

Or reach out to the
Center for Women's Leadership at
mmu-womenldr@mtmary.edu

HOPE TO SEE YOU THIS SUMMER!



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